

## ALLITERATIONS

This is another popular training game which requires a tennis ball or a towel tied in a knot. At first everyone has to sit or stand in a circle. One person is given the ball, and asked to name as many words as possible that begin with a 'P' (or any other letter), during the time it takes for the ball to get passed along the circle. Doubles are not counted, obviously. It is important to tell players not to watch the ball go round during naming the words to avoid becoming nervous and stand still. Trying this with closed eyes can be very effective.